



GLASSER AUSTRALIA 2021 CONFERENCE

'Exploring the Freedom of Choice'

Mantra Twin Towns, Gold Coast, Qld Australia

30th Sept. ~ 2nd Oct. 2021

Call for Conference Abstracts

We encourage all people interested in presenting at the Glasser Australia 2021 National Conference to submit an abstract for consideration.

The Conference aims to enrich the knowledge, skills and participation in the area of Choice Theory psychology, Reality Therapy and Lead Management and its diverse applications to mental health and well-being, therapy, education, leadership and management.

Glasser Australia members come together in the spirit of collaboration to encourage new insights, new developments and creativity in our constant attempt to improve the quality of all we do, including facilitating networks of people, families, communities, marginalised groups, schools and organisations.

Glasser Australia encourages members to engage in study, research and developing presentations. The conference provides an opportunity for a formal meeting of Glasser Australia members and to create a space for open exchange between the Board and members to achieve these aims, in a need fulfilling environment of belonging, empowerment, freedom, fun and general well-being.

Glasser Australia believes that the National Conference raises the profile of Choice Theory, Reality Therapy and Lead Management and its diverse applications at local community, state and national environments.

The conference theme 'Exploring the Freedom of Choice' will focus on any aspect of the participants' extension of current skills. The Conference Program will include four strands:

- 1. Wellbeing in Education**
- 2. Staying Mentally Healthy**
- 3. Parenting and the Wellbeing of Children**
- 4. Leading a workplace with Mental Health in Mind**

Glasser Australia

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Exploring the Freedom of Choice

The Glasser Australia 2021 Conference Committee is calling for Conference presentations that are practical and evidenced based, allowing the audience to walk away with practices, knowledge, strategies and ideas that can be implemented in their individual settings.

The Glasser Australia 2021 Conference program will provide fantastic learning for everyone whether professionally, personally, or both. The conference will provide access to speakers of high repute covering topics based on current research.

CONFERENCE SPEAKERS AND THEME

The Glasser Australia 2021 National Conference keynote speakers will be Dr Cathy Kezelman (President - The Blue Knot Foundation - National Centre for Excellence for Complex Trauma), Dr Helen Street (Founder and Chair, The Positive Schools Initiative)and two Glasser Australia Senior Faculty members – Ivan Honey & Judy Hatswell.

The Conference's theme, 'Exploring the Freedom of Choice' will extend what we already know about the impact of *Choice Theory, Reality Therapy & Lead Management* and will provide new knowledge and skills, so we are constantly learning and improving our effectiveness as people at both personal and professional levels.

Presentations that expand on any aspect of the theme 'Exploring the Freedom of Choice' will be highly regarded.

CONFERENCE STREAMS

The Conference Organising Committee is seeking submissions relating to the following Conference streams:

1. **Wellbeing in Education**

Educational settings are complex environments. It is vital to be able to self-manage effectively to maintain healthy levels of stress and create positive relationships. This strand focuses on enhancing the wellbeing of all members of the educational community, including students, parents and staff.

2. **Staying Mentally Healthy**

This strand focuses on how to stay mentally healthy, help others to stay mentally healthy, and have happier more need-satisfying relationships.

3. **Parenting and the Wellbeing of Children**

Parenting is probably one of the most challenging and important jobs ever. This strand offers new knowledge and skills to assist parents to maintain quality relationships while teaching their children to self-manage. It provides strategies to empower children to become more resilient, happier and mentally healthy.

4. **Leading a Workplace with Mental Health in Mind**

Focusing on successful strategies to effectively lead and manage communities, schools, health and all affiliated organisations while keeping the mental health and wellbeing for all in mind.

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TYPES OF SUBMISSIONS

Workshops – Presentations

Presenters seeking formal review of a written paper can submit an abstract of up to **450** words for a workshop/presentation. Please indicate your preferred length of time for your workshop/presentation – **60** or **90** minutes.

Workshops may be live streamed and/or recorded for use to eligible participants during or post conference. The PowerPoint / recordings from these presentations may be made available on the Glasser Australia website following the conference.

All abstracts must include two learning objectives:

- **Learning Objective 1** should answer the question: *“What will people in the audience gain or learn from attending their presentation?”* (The focus should not be on what you are to present but what delegates will take away from the session.)
- **Learning Objective 2** should answer the question: *“How is your presentation relevant to implementation and to what setting?”*

ESSENTIAL DETAILS

The following guidelines apply for the submission of all abstracts:

- **All abstracts are to be emailed to: gaadmin@glasseraustralia.com.au**
- Submissions on any topic related to the streams for the Conference will be considered.
- Abstracts should be a maximum of 450 words which will include the separate answers to the learning objectives.
- Submissions must include a biography of the presenter/s of up to 200 words.
- Submissions that do not include a biography of the presenter/s **will not be considered.**
- Abstracts should be submitted by no later than **3 May 2021.**
- Contributors will be provided with advice of acceptance or rejection of their submissions by **28 June 2021.**
- Authors are to return their acceptance of the *‘Invitation to Present Form’* by **12 July 2021.**
- The committee reserves the right to accept or reject any submission and extend or shorten the presentation duration.

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To submit an abstract for the Glasser Australia 2021 National Conference, please email abstracts to:

gaadmin@glasseraustralia.com.au

Abstracts due by	3 May 2021
Abstract Submission Outcome advised by	28 June 2021
Authors to return their acceptance of 'Invitation to Present' by	12 July 2021

For further information on the Glasser Australia 2021 National Conference please visit our website at www.glasseraustralia.com.au

If appropriate, it would be appreciated if you could distribute this email through all of your relevant networks.

IMPORTANT INFORMATION FOR PRESENTERS

Please Note: The presenting author/s **MUST** register to attend the Conference for at least the day in which they are scheduled to present. If there are other authors on the paper who are attending the Conference to present, they must also register to attend the Conference. For all registration enquiries and details, we refer you to the website: www.glasseraustralia.com.au

FURTHER INFORMATION

For further information regarding the Review Process and the submission criteria, please contact:

Susan Fleming

Email: immedpastpresident@glasseraustralia.com.au

Yours sincerely,

Maureen Sansom

Conference Convener

Glasser Australia 2021 National Conference

Email: secretary@glasseraustralia.com.au